

# **EAST MASTERS LADIES OVER 40's COUNTY TOURNAMENT 2016/17**

## **Information & Rules**

### **Preliminary Rounds East & West**

**Date: Sunday 19<sup>th</sup> March 2017**

The preliminary tournament venue is Culford School, Culford, Suffolk. IP28 6TX.

The Tournament will be between the Eight Ladies Counties split into two leagues. The first and second placed teams will proceed through to the Finals Day at Lee Valley on the 2nd April.

Katie Bedford will be co-ordinating on the day (07880 811013)

**The North Preliminary Round:** Beds, Cambs, Norfolk & Lincs

**The South Preliminary Round:** Essex, Herts, Suffolk & Kent

Tournament start time and match program will be verified shortly when all teams have confirmed their entry to Katie Bedford.

### **The Final**

**Date: Sunday 2nd April 2017**

**This will be a combined County Finals Day at the new "Home of Hockey" with the Over 40s & 50s Men's playing alongside the Ladies Over 40s. Both pitches will be used and the tournament will start at 10.30 and the last Final finish at 5.15pm. All Finals will be played on the main pitch. Timings will be announced after the matches on the 26th March.**

### **Venue:**

Lee Valley Hockey & Tennis Centre, Eton Manor, Leadmill Lane, Queen Elizabeth Olympic Park, LONDON, E20 3AD.

Match day co-ordinator will be Rob Oakley (07721 336329) or David Gill (07801 050249)

### **General Information**

1. Match fees will be collected to cover the cost of pitch hire, food and umpiring expenses, the amount will be set at each venue by the organiser to ensure all overheads are covered, possibly £10/person (may be less if no refreshments provided).
2. Please ensure that your footwear is clean before accessing the pitch areas.
3. For security reasons DO NOT LEAVE KIT IN THE CHANGING ROOMS.

## Rules

1. Each squad will have a maximum of 15 on field players with either one or two goalies, all over the age of 40 before the **31<sup>st</sup> December 2017**. All players may play in each match.
2. In the event of a colour clash, the second named team will change.
3. There will be a point system used for determining positions in the group. Three for a win, one for a draw, zero for a loss. If equal on points, then goal differential first, then higher number of goals scored. If still equal the result between the teams will count. If there is still no difference, then penalties will be taken. Five each, then sudden death
4. The Preliminary Round matches will be 35 minutes one way with a 5 minute break between matches. **NB: This may vary if any teams withdraw (eg: if three teams, 20 mins each way round robin).**
5. Each match will start on allotted time as detailed by each venue organiser/TD, any time delay will reduce the length of the match accordingly. A team not ready five minutes after scheduled start will forfeit the match 3:0.
6. First named team to provide the Match ball, (if not already provided to umpires by the organisers).
7. Rolling substitutes allowed throughout each match. All from the halfway line, excepting keepers
8. The two highest placed teams in the preliminaries at each venue will participate in the finals day at Lee Valley on the 2nd April 2017. The winner from the North section will play the runner up of the South section and vice-versa for the other semi-final. There will then be a 3rd/4th play-off before the final is played. The match will be 20 minutes each way, with three minutes at half time and 10 minutes between matches. In the event of draw at the end of each match, the result will be decided by Penalty flicks to be run as per the National Over 35/45Cup competition rules, ie: five nominated players and then instant death with the same five players participating.
9. Yellow card is a 5 minute ban. Red card: In addition to the normal red card penalties the player will not be eligible for the final on the 2nd April 2017.
10. Umpires are responsible for match timing. Umpires will be allocated by the hosting County Umpires Association or Local Hockey Club and for the final by the East Region Hockey Umpiring Association
11. There will be a Technical Delegate (TD) at each venue. All disputes will go through the TD, whose decision is final.